

**WKZA-FM Issues and Programs List**  
**1<sup>st</sup> Quarter January 2017**

Date	January 8, 2017
Issue	Why It's So Hard to Quit Smoking
Program	At about 6:30 am we ran an 8 minute interview with Carol L. Richard about why it's so hard for smokers to quit. She also discussed the dangers of e-cigarettes and vaping.

Date	January 15, 2017
Issue	Protecting Your Rights at Work
Program	At about 6:30 am we ran a 9 minute interview with attorney Stephen Kohn, author of "The Whistleblower's Handbook: A Step-By-Step Guide To Doing What's Right and Protecting Yourself". He talked about tax fraud, recent changes in laws, and the pluses and minuses of whistle blowing.

Date	January 22, 2017
Issue	Crime, Consumer Matters
Program	At about 6:30 am we ran an 8 minute interview with Maria Konnikova about con men and what can be done to protect yourself from scams and rip-offs.

Date	January 29, 2017
Issue	The Unhealthy Effects of Eating Out
Program	At about 6:45 am we ran an 8 minute interview with Susan B. Roberts, Ph.D., about the large amount of calories in chain restaurants. She gave tips on counting calories and watching portion sizes. She also talked about legislation she's proposed to require restaurants to offer partial portions at partial prices.